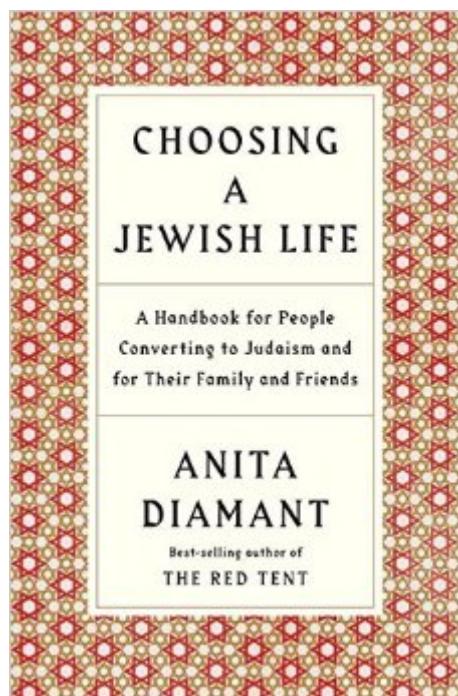


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# Choosing A Jewish Life, Revised And Updated: A Handbook For People Converting To Judaism And For Their Family And Friends



## **Synopsis**

The definitive guide to the conversion process, revised and updated for a new generation of Jews-by-choice. However you choose to fashion your personal journey to Judaism, Anita Diamant is the perfect guide. In this comprehensive, wide-ranging book you will learn how to choose a rabbi, a synagogue, a denomination, and a Hebrew name; how to discuss your decision with your birth family; what happens at the mikveh (ritual bath) and at the hatafat dam brit (circumcision ritual for those already circumcised); how to find your footing in a new spiritual family and create a new Jewish identity; and how you and your children can maintain bonds to your family of origin. Also included are suggestions for readings, prayers, and poems that can personalize conversion rituals; a glossary of terms; and a short history of conversion in Judaism. This revised edition contains a completely updated chapter on how the mikveh is used in the conversion process and an updated list of online resources and books for further reading. Whether you are just beginning to consider converting or have already started down the path to Judaism, here is everything you will need to make the process joyous, sacred, and meaningful.

## **Book Information**

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## **Customer Reviews**

For some people, to change one's religious faith is not an easy task. For others, their decision is based on pragmatic reasons or from a strong internal conviction and hence their choice is clearer - less cluttered with doubts and fears. In her book, "Choosing A Jewish Life", Anita Diamant addresses the issues involved in conversion and she writes her book to guide both the perplexed and those who have already made their decision. Diamant's intention on writing this book was to

provide an approachable and practical guide to those who are in the process of converting to the Jewish faith. At the beginning of each section, there is a list of questions which resemble the FAQ's (frequently asked questions) found in so many web sites. She then proceeds to answer these questions and her compassion and love of the religion shines in her answers. Diamant rarely has one answer for each question. Rather she formulates a reply with the consideration of individuals who have different needs and philosophies. For instance, in the chapter about informing one's parents about converting, she writes, "Every family is different. In some households, intimate conversations are completely taboo and there may be little or no discussion of your decision. There are families where conversion becomes the focus of unrelated and long-standing family issues. And sometimes converts confront the painful fact that members of their immediate family harbor anti-Semitic stereotypes about Jews and Judaism." Many rabbis and advanced Jewish scholars would undoubtedly be annoyed with the brief coverage of some of the Jewish rituals and mitzvoth in this book. They may even have an issue with the proselyting tone coming from Diamant's gentle encouragement.

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